

Vernon Parks and Recreation Department

in partnership with

Rockville High School Boys Basketball

presents!

YOUTH BASKETBALL CLINICS

Join Rockville High School's Varsity Boys Basketball team and Head Coach Mike Barile for two nights of basketball instruction . Each night will focus on a different aspect of the game. Clinics are designed to keep everyone moving and engaged through dynamic drills, stations and games.

Clinics are open to boys and girls in 3rd through 8th grade. Both nights are held at Vernon Center Middle School in Vernon. Registration is limited to provide players with the best possible experience.

Times

Grades 3-5: 5:30pm-6:30pm

Grades 6-8: 6:30pm-7:30pm

Fees

Individual Clinics: \$7 per participant

Both Clinics*: \$10 per participant

**must register for both clinics in one transaction*

Dates & Details

January 25 - Ball Handling, Defense & Passing

Athletes will participate in stations focused on teaching and practicing each of these fundamental skills.

February 1 - Shooting and Attacking the basket

Athletes will participate in stations aimed at teaching proper shooting form, offensive moves to attack the basket and end with some fun and competitive shooting games.

Space is limited for each clinic date

Register online 24/7: **www.vernonrec.org**

Registration is also available at the Vernon Parks and Recreation office located in Henry Park; 120 South Street.