Valley Falls Park Trails

1. VALLEY FALLS LOOP TRAIL
   Blue/Yellow markers, 3.8 mile loop Direction CCW
   (Some Steep Terrain)
   **Miles**  **Description**
   0.0  Exit parking lot S onto blue trail. Pass pond on L, waterfall on R, cross 2 bridges. Climb stairs.
   0.3  Start climb R up to rail trail. Go R (N) follow B/Y markers on rail trail.
   0.5  Turn L off rail trail and climb uphill.
   0.7  Turn L at woods edge just before soccer field. Cross jct. with O Outer Loop Trail.
   1.0  Cross brook in valley. Turn R start ascent
   1.1  Cross jeep road & W Lookout Trail. Go L on B/Y to rail trail.
   1.2  Turn R (S) on rail trail. Follow B/Y trail.
   1.9  Turn L off rail trail going down (*If you reach 2.75 mile marker on rail trail retreat 35 yards*). Turn R at base of hill. Y Railroad Brook Trail is L.
   2.2  Turn L and cross brook on bridge.
   2.6  Jct. with R Main Road Trail. Turn R staying on BY trail. Start uphill climb on this rolling uphill and downhill section.
   3.5  Turn R (N) on Main Road Trail into field
   3.8  Valley Falls parking lot.

2. MAIN ROAD TRAIL
   Red markers, 1.6 miles. Travel Direction N to S
   **Miles**  **Description**
   0.0  Parking lot. Face pond, go L, pavilion R
   0.2  Go straight into field when road curves R
   0.3  Road goes into woods. At fork in trail, go L. Trail to R rejoins in 100 ft.
   0.5  Cross bridge, continue straight.
   0.5+  At fork in trail, go L.
   0.6  Cross stream.
   0.8  Trail ends at B/Y marked trail. Reverse or see alternatives on back page.